



Walnut Heights Elementary School

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GUIDELINES – "RULES" TO LIVE BY

- USE YOUR TOOLS!!
- BE SAFE.
- BE RESPECTFUL.
- BE RESPONSIBLE.
- BE FAIR.



GENERAL RULES

- Be quiet in the halls and between the wings.
- Walk everywhere except on the blacktop and on the field.
- Eat and drink your snacks before you play, sitting down at the picnic tables on upper level.
- Freeze when the bell rings; Walk to your line or classroom when a staff member blows the whistle.

KINDERGARTEN PLAYGROUND

- During the school day only kindergarteners can play in the kindergarten playground.
- Do not climb over the fence or swing on the gates.
- Eat food while sitting on the kindergarten bench or the cement ledge.

PLAYSTRUCTURE

- Keep your hands to yourself: Never push or roughhouse on equipment.
- Start at one side of the equipment and move across it in the same direction.
- To exit from the upper level, use the slide, hanging bars or climb down the side bars. Never jump from upper level.
- Stay off equipment when it is wet, the surface becomes very slippery.
- Always walk when on or beneath the play structures.
- Use both hands on the hanging bars, keep a safe distance behind the person in front, and watch for swinging feet.
- Never grab or pull at someone who is hanging from the bars.
- When you drop from the bars, bend your knees and land with both feet.
- Stay off the top of the hanging bars, upper and lower hand railings and the top of the roof.
- Run and play tag on the field or blacktop—NOT around the play structures.

SLIDES

- Slide one at a time.
- Down only.
- Sit up on your bottom, legs stretched out in front.
- Don't block the bottom of the slide.

SWINGS

- One rider to a swing.
- Swing back and forth, not side to side, or *twisting*.
- Hold on with two hands
- Sit up on your bottom.
- Stop to get off.
- When others are waiting, each student can have 20 counts before sharing.
Counting to 20 means "1 Walnut Heights Cougar, 2 Walnut Heights Cougar, 3 Walnut Heights Cougar,..."
- Stay clear of moving swings; no pushing others.

CLIMBING ROCKS

- Do not jump off the rocks.
- You may sit on the taller rock, but not stand.
- Four people per rock.